



## Abstract painting with modeling clay

Ages: 8-12

Presentation (in Spanish) Liz Payne

### What are we going to do?

This activity is inspired by the work of Australian artist and designer Liz Payne.

Inspired by his colorful and varied work, each participant will play with plasticine to create a painting inspired by abstract shapes.

This project aims to be a moment of relaxation and an invitation to connect with joy through touch. An opportunity to connect with the senses through bursts of color and textures.

### Liz Payne

She is an Australian artist and designer. She likes using a variety of media including paint, textiles, beads and embroidery, Liz's work explores abstraction through colour, shape, texture and form.



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## Materials you will need:

- **Cardboard or thick paper**
- Modeling clay in various colors (as soft as possible)
- Toothpicks, forks, sponge, etc. (any simple utensil you can find at home to create texture)
- Scissors
- Optional: Rice or sequins of different colors can be added to add texture.

**Duration: 45-60 minutes**

## Instructions:

Cut the cardboard to the size and shape you want to use as a base for your painting. For example, it could be a square, a rectangle, or a circle... I recommend starting with a square (10 cm x 10 cm), but the only limit is your imagination!

There's so much inspiration available, but to get started, take a look at the artists and images in the inspiration section. It's a world of color, shapes, and possibilities.

Once you have your cardboard base ready and a general idea in mind, start by applying the first layer of modeling clay. The goal is to cover the entire surface. You can use a single color or mix several; you can even create a new color. There's no right or wrong way to do it. Just let your fingers spread the clay and enjoy the feeling.



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Once the first layer is ready, start playing with different colors of modeling clay and create shapes of varying sizes. You can make small balls and flatten them. Use a fork to make small indentations. A toothpick to make dots. Choose the tools and textures that you find fun, comfortable, and enjoyable, and repeat them as often as you like, until you feel your creation is finished.

And voilà! You've finished your first abstract painting with modeling clay!

If you want, you can take photos of your favorite parts and share them (if applicable, after obtaining parental permission).

### Timeline

**0-10 minutes:** Presentation and explanation of the activity, as well as a display of inspirational images.

**10-50 minutes:** Activity development.

**50-60 minutes:** Questions, group discussion and presentation of results, if desired.

### Expected results

Create one or more abstract pieces with plasticine.

**[Video of the activity \(in Spanish\): Abstract painting with modeling clay.](#)**



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