



Finger painting, flowers and collaboration

Ages: 4-7, 8-12

Hervé Tullet presentation (in Spanish):
https://drive.google.com/file/d/1HJSCtlohBmSptgBMdSEkrvpJlwlNz8eR/view?usp=drive_link

What are we going to do?

This activity offers children a moment of relaxation and joyful creation, creating for the simple pleasure of creating.

It focuses on connecting with the sense of touch while exploring the senses through colors, textures, and movement.

Connecting with the senses also strengthens the relationship with one's own body and intuition.

Furthermore, it encourages collaboration and shared play.

Artist: Hervé Tullet

Hervé Tullet is a French artist with the heart of a child, author of more than 75 children's books and performer.

It invites people of all ages to create in a playful and joyful way, encouraging spontaneity and imagination.



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Materials you will need:

- One large piece of cardboard per participant
- Crayons or markers
- Acrylic paint in various colors
- Music
- Comfortable clothes that can get stained or an apron

Estimated duration: 40–50 minutes

Instructions:

Preparation (0-10 minutes)

- Place a piece of cardboard in front of each participant.
- Distribute a small container of paint of one color to each child (if the group is large) or place the colors in the center to share.
- Finger painting is encouraged, although children who prefer can use brushes of different sizes and thicknesses.
- It begins with soft but rhythmic music, and later changes to more cheerful music that invites free movement.



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Creating simple shapes (10-20 minutes)

- Ask them to paint simple shapes with their fingers: circles, triangles, squares.
- Approximately every minute, exchange the card with the person on your right to encourage collaboration.
- It encourages movement and relaxation while creating.

Add details and collaborate (20-30 minutes)

- After two or three rounds of simple shapes, add spirals, hearts, stars, or other small shapes.
- Continue changing the cards until you cover most of the sheet, leaving room for final details.

Transformation into flowers (30-40 minutes)

- When the main shapes are ready, introduce the crayons or markers and let them transform the shapes into flowers, adding petals, branches, and leaves.
- Gradually reduce the music to help the children relax and finish their creations.

Positive words and final round (40-50 minutes)

- Ask them to write happy words, positive thoughts, or encouraging phrases on the artwork (younger children can do this with the help of an adult).
- Make one last change of card to the right.
- A collaborative flower field full of positive energy will have been created.



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Expected results:

- Each participant will have a colorful and positive artwork, created in collaboration with others.
- Creativity, collaboration, and emotional expression are encouraged.
- It can be done individually or with siblings, parents, or relatives.

Timeline:

- **0-10 minutes:** Presentation of the activity and display of inspirational images.
- **10-40 minutes:** Development of the activity (painting, collaboration and creation of flowers).
- **40-50 minutes:** Questions, group discussion and showing of results (if desired).

Video of the activity (in Spanish): Painting, flowers and collaboration



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