



Mini garden at home

Ages: 4-7, 8-12

What are we going to do?

This activity allows children to learn about plant care, develop responsibility and patience, and enjoy a creative and hands-on project.

In addition, they can decorate their packaging, fostering creativity while experimenting with colors, textures, and design.

Materials you will need

- Empty yogurt containers
- Plant soil
- Seeds or small plants (herbs, flowers or succulents)
- Acrylic paints and brushes (optional, for decorating)
- Decorative stickers or tapes (optional)
- Scissors
- Drill (optional)
- Watering can or spray bottle for water

Duration: 1 hour



Instructions:

1. Prepare the yogurt containers (10-15 minutes)

- Wash the containers: Make sure they are clean and dry before you start.
- Make drainage holes: With the help of an adult, make small holes in the base of the container to allow the water to drain. Scissors or a hole punch can be used.

2. Decorate the containers (optional, 15-20 minutes)

- Painting the containers: Children can paint faces, patterns, or any design they like using acrylic paints.
- Add stickers or ribbons: To make the packaging more colorful and fun.

3. Plant the seeds or plants (10-15 minutes)

- Fill with soil: Fill each container leaving a little space at the top.
- Plant the seeds or plants: Place the seeds or small plants according to the instructions for each species (depth and spacing).

4. Place the containers in the garden or at home (5-10 minutes)

- Choosing a location: Look for a place with plenty of sunlight, such as shelves, windows, or a balcony.
- Create a base (optional): They can be placed on trays or cardboard structures to keep them organized and facilitate watering.

5. Maintain the garden (daily / as needed)

- Watering the plants: Use a watering can or spray bottle to keep the soil moist. Avoid overwatering to prevent root rot.





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Expected results

- Each child will have their own personalized mini garden.
- Development of responsibility and care for living beings.
- Promoting creativity and manual skills.
- Observation of growth and changes in plants over time.

Timeline

- **0-10 minutes:** Preparation of materials and containers.
- **10-30 minutes:** Decorating the containers.
- **30-45 minutes:** Planting seeds or plants and placing the containers.
- **45-60 minutes:** Explanation about watering and daily care.



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